

General Rules & Conditions

Training Registration Rules

To climb with us, you must 1) register at katereneto.com 2) sign in and enroll to training sessions at your convenience.

Enrollments and cancellations can be done no later than the day before.

In case you missed the enrollment deadline, it is still possible to sign up - please call us at least four hours in advance. Your request will be accepted if there are available instructors.

If you cannot attend your requested training, please cancel - otherwise you owe 50% of the training fee.

Fees

Training with instructor - 15 lev/hour (for children up to 16 years old - 13 lev/hour, only on weekdays before 16:30, at other times 15 lev/hour) - one instructor dealing with 1-5 customers.

Individual training with an instructor - 35 lev/hour.

The price includes climbing instructor within one astronomical hour and **gym entrance fee**.

We provide you with climbing seat, safety device, and rope.

Rent climbing shoes - 5 lev (optional).

Required Equipment:

Appropriate sportswear

Comfortable sports shoes

Rules

All must comply with the general rules and conditions of Gravity Gym, namely:

Children under 16 years old are allowed in the gym only if escorted by qualified adult.

Children under 7 years old are allowed in the gym only with one of their parents.

Running, shouting (or any other loud noise) is prohibited in the gym.

Your stay on the mat should not be longer than necessary for the training process.

Groups, climbing with an instructor, should stay within their designated routes. Time and place of rest is also determined by the instructor.

For disturbing the order in the gym, the administrator on duty may impose a fine of 120 lev, or removal from the gym for an indefinite period of time. For children under 16 the fine is paid by the escorting adult.

Outside training hours, coaches are not responsible for the security and discipline of climbers.

For breach of discipline and disturbing the training process of other customers, offenders will be expelled from the gym - the fee is not refundable.

For effective training we strongly recommend to take from gym's snack machine only beverages - food to be consumed before or after the hours of training sessions.

Altius Club Competition Team

Children of our competition team enjoy privileged monthly fee of 160 lev for four two-hour training sessions per week (the price does not include the fee for the gym).

For effective training, please enroll in time.

The monthly fee should be paid at the beginning of the month, at the first training session.

The fee is not refundable in cases of absence or expulsion due to lack of discipline.

If the payment is not received in time, the standard fee of 10 lev/hour apply.

Training sessions for our competition team are reserved for the entire team, and marked as "**team training**" on the schedule in the website.

Team training hours are from 2:00 p.m. to 4:00 p.m. (Monday, Tuesday, Thursday and Friday).

You will be notified at least two weeks in advance for changes in this schedule.

Overtime training is charged at the standard rate.

At the discretion of the coaches individual workout can be extended at no extra charge.

For training at **other** hours, standard fee apply.

Competitors must come to workout with climbing shoes, and sufficient magnesium and water for the entire session.

To effectively conduct training sessions in the Lead discipline, children provide their own belay under trainer's supervision.

Members of the competition team do **not** have privileges and discounts in training camps (except in cases where the sponsor is found).

Criteria for *Altius Club* competition team membership:

1. Competitors under the age of 14 should have at least three top-three results in three different races of the Bulgarian and Balkan Championship for the **previous** calendar year **or** have top-three ranking in at least one prestigious international competition (Imst, Petzen, or Arco)
2. Competitors over the age of 14 must have at least three top-three results in three different races of the Bulgarian and Balkan Championship for the **previous** calendar year and/or have a ranking in the first half of their group in the competition of the international calendar of the IFSC for the **previous** calendar year.
3. At the discretion of the coaches.

When the group of the competitor lacks real competition and the contestants are fewer than ten, at the discretion of the coaches, a competitor may be included in the team.

Each competitor can look at his own achievements, online at katereneto.com, and check whether the criteria is met.